

## Our Mission

We believe all human life is sacred and a gift from God. HER CHOICE Birmingham Women's Center exists to help women facing a crisis pregnancy to choose life, and to help and support them with that decision.

**HELP US  
HELP THEM!**

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# HER CHOICE HeartLines

March 2008

## KC Council 10567 Members Run for Pro-Life Benefit Her Choice



St. Patrick KC Council 10567 members, Joseph Byrd, John Troha and Brandon Yow completed the 13.1 mile Disney World Half marathon in Orlando on Jan 12 and raised over \$1000 for Her Choice. The members, supported by the KC Council 10567, ran in honor of Benny Bakane a pro-life advocate who died in 2007. Mr. Bakane's constant reminder to everyone: "Jesus Loves You" adorned the back of the runner's shirts along with the Her Choice logo.



## Golf Fore Life 2008

**It is not too late!**

**You can still sign up.**

Call: Dan Gardner  
205-590-2640  
or  
Hank Stickley  
205-664-0158  
April 21, 2008

Altadena Valley  
Golf and Country  
Club

## Letter from the Director

Hello Everyone,

We are on a roll of fundraising events for the coming months.

### Golf Fore Life Shoot Out

April 21<sup>st</sup> at Altadena Valley Golf and Country Club. If you or anyone you know would be interested to volunteer, play golf, donate prizes, sponsor a golfer or be a hole sponsor, please contact Mickey at the Center.

Recipes For Life is a cookbook that we will compile for sale in May. If you would like to contribute a recipe, please enter it on line.

1. Go to [www.typensave.com/login.asp](http://www.typensave.com/login.asp)
2. Login using account information:

- **Group Login: hcb**

- **Contributor password:**

**tnpav**

Enter recipe information  
Orders for cookbooks will be taken soon.

Bingo For Life is planned for June 10, 2008 at 10am. We will have a trash and treasure sale at this event as well. Please save the date. More details will be forth coming.

We hope that you can join us for one or all of the events. Our fundraising efforts allow us to continue the work of saving babies. Your prayers for the success of these fundraisers are appreciated.

God Bless you,  
Teresa Ragusa  
Center Director

# Upcoming Events

**2008**

Apr 12/13  
Baby Bottle Boomerang  
(St Thomas Montevallo)

Apr 21 **Golf Fore Life**

May Baby Bottle Boomerang

Jun Baby Bottle Boomerang

Jun 10 **Bingo for Life**

Jul Baby Bottle Boomerang

Aug Baby Bottle Boomerang

Sep Baby Bottle Boomerang

Oct Baby Bottle Boomerang

Nov Baby Bottle Boomerang

Nov 6 **Banquet for Life**

## What is done in a Pro-Life Crisis Pregnancy Center All Day?

*Answer calls such as:*

“How much does an abortion cost?”

“I am 14 years old and I think I am pregnant. What do I do next?”

“I would rather have an abortion than give away my baby”.

“I don’t believe in abortion but I don’t have the money to be a mom.”

*Console and counsel those who find pregnancy a true burden.*

*Educate those whose American social and cultural upbringing says it is ok to have and raise children outside of marriage.*

*Counsel on sexual integrity, self-esteem and spiritual awareness in lifestyle choices.*

*Answering practical questions that may alleviate doubts such as “I had sex last night can you tell me if I am pregnant?”, gives us an opportunity to educate on sexual integrity and really give the girl an outlet to learn the ways of abstinence.*

**Our particular center is blessed to have a Pastoral**

**Counselor on staff. He is able to counsel both the girls and their partners, whether they are pregnant or not. Often this helps to set the tone of the relationship if it is to be ongoing.**

**Perform Pregnancy Tests by appointment and for walk-in’s**

**Ultrasounds. While some of the clients are not absolutely going to have an abortion they are still abortion vulnerable. We cannot be sure that they will not be pressured into an abortion after they leave so the sound of the baby’s heartbeat is the one most convincing tool we have.**

**Make referrals to helpful agencies regardless of positive or negative pregnancy tests. Many times with the caring help of a counselor to rid the person of day to day stresses, they are better attuned to feeling self worth.**

**This brings us to follow-up. When a young or older woman comes here for help, there is follow-up. We try to let her know that we care. Sometimes, we are the only ones besides God who care.**

**Last, but surely not least is our ability to offer material goods in exchange for their attention to our classes on pre-natal care, birth, sexual integrity etc..**

**So to sum up a day in the life of a Pro-Life Crisis Pregnancy Center, we:**  
**Listen**

**Console**  
**Counsel**  
**Explore Options**  
**Assure continuity and privacy in the center relationship**  
**Educate**  
**LOVE HER regardless of her choice.**

**This tells you nothing of the cleaning, preparing classes, scheduling, and fundraising because we are a non-profit organization who depends on benefactors and dedicated volunteers to make this mission possible.**

**Please be a Missionary for these ladies, poor in spirit, by donating money and/or your time.**

### Wish List

Toilet paper	Small unisex baby gifts for new mothers-to-be	Office supplies—copy paper, toner, stamps, stick pens etc.	Facial tissue
Paper towels	Small trash bags	Light bulbs	Volunteers for upcoming events
8 oz baby bottles	Kitchen size trash bags	Hand soap	
Latex gloves	Bottles of water	Laundry detergent	
Gel for the ultrasound		Bleach	
Disinfectant for ultrasound			

**Neither Cold nor Rain nor Sleet nor Snow can keep these Pro-Lifers down**

The Pro-Life Rally held on January 19, 2008 at Brother Bryan Park in Birmingham was not thwarted by the cold and snow. You can see the dedicated life proponents here.



**UP NEXT.....  
St. Thomas the Apostle  
Montevallo, AL**

Fr. Jim Naughton of St. Theresa's in Leeds is beaming with pride for the Youth who Raised Awareness, Earned Service Hours AND Collected \$4497.51; 3 safety pins; 1 flat battery; 1 valve cap; 3 paper clips; pocket lint; 2 Canadian nickels; 13 pesos; 2 Canadian pennies; 1 car wash token; 1 screw; 20 francs; 2 pence; 5 franc coin; Desoto Cavern Park token; 100 RF Indonesian; 1 plastic game penny; Phillipino 5 cents; two items of unknown origin and an "already been chewed" gum. (with more bottles still coming in.. to save babies! )

**At the Her Choice Office, Youth and Volunteers Have Fun Counting the Funds received from the Baby Bottle Boomerang held at St Theresa Parish in Leeds, AL**

**Great Job!**



**Keith Winslet, Lucy Lunsford, Chris Oswald, Chase Birchfield  
Stephen Lunsford, Brian Meadows, Matthew Berman**

**Her Choice Staff, Board and Volunteers are astonished by the overwhelming support of such a small parish with big hearts. We are so grateful for this and every parish's efforts to save innocent lives.**



[www.herchoicebirmingham.org](http://www.herchoicebirmingham.org)

Her Choice Birmingham Womens Center  
Pro-Life Crisis Prgnancy Center  
2120 7th Ave South  
Birmingham, Alabama 35233



## Commemorative Gifts

Since our last Issue

*In memory of*  
**Marjorie Sabacky**  
By Marcus and Betty McDonald

2120 7th Avenue South    Birmingham, AL 35233  
PO Box 55445    Birmingham, AL 35255

Phone: (205) 252.0706

Fax: (205) 252.0726

**Her Choice HeartLines** is a publication of Her Choice Birmingham Women's Center. For more information, please contact us at PO Box 55445 Birmingham, AL 35255 call (205) 252.0706 email [teresa@herchoicebirmingham.org](mailto:teresa@herchoicebirmingham.org) or [mcaruso@herchoicebirmingham.org](mailto:mcaruso@herchoicebirmingham.org)

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**HeartLines editor ~ Mickey Caruso**

*Her Choice is a 501(c)(3) non-profit organization. Contributions are 100% tax deductible and are greatly appreciated.*

### Making a Difference

#### Her Choice Client Statistics July 2003 ~ March 2008

Total client visits

3,198

Total Distinct Clients

1,910

Confirmed Pregnancies

998

Phone Calls

5,712

Babies Born

290

#### Her Choice Staff

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If you would prefer to receive the Her Choice newsletter via email please let us know at:  
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